



CBHL 2024 Membership

January 17, 2024

12:00pm PST / 1:00pm MST / 2:00pm CST / 3:00pm EST

Welcome! We will get started momentarily.

Please let us know who you are and where you are from in the chat box
(click the chat icon at the bottom of your screen).

Our Time Today

- Introductions
- About CBHL
- A Look Back at 2023
- A Look Ahead at 2024
- Membership Options
- Questions & Discussion

Introductions

Let's get to know one another!

1. Name
2. Organization / Role
3. How were you first introduced to CBHL?

Vision, Mission, and Guiding Principles

*CBHL envisions **innovative and flourishing leaders** who invest in communities to **cultivate healing, wellness, and recovery.***

We support current and emerging leaders with learned and lived experience to collectively advance behavioral health across North America.

To accomplish this, we **convene and connect partners and thought leaders** in critical conversations across sectors that:

- nurture responsive and revolutionary ideas;
- promote effective behavioral health strategies; and
- build capacity to anchor work in recovery, equity, and justice

CBHL believes **equity, justice, and humanity** are needed to address the root causes that perpetuate mental illness and substance use. We believe that **communities have the capacity to build solutions.** Therefore, we:

- embed equity and inclusion in all that we do;
- advocate for equitable and timely access to quality behavioral health services and supports;
- promote safe spaces for dialogue and collective learning;
- illuminate community wisdom and strengths; and
- seek solutions by understanding and elevating the breadth of lived experience.



The opportunity is **NOW**
to prepare leaders for the future

Empower Communities

Increase
health equity

Reduce
barriers to care

Champion
social justice

Nurture wellbeing
and resilience

Cultivate Leaders

Collaborate across
sectors

Address disparities

Inspire confidence

Model growth
and purpose

Transform Systems

Create
equitable access

Synergize
siloed systems

Foster innovation

Strengthen
the workforce

- 1 Cultivate **transformational leadership** through membership activities
- 2 Embed **equity-grounded leadership** as the foundation for systems transformation
- 3 Address the **workforce** crisis through collective impact
- 4 Foster innovation through **global collaboration**

Supporting our Members

Connect

to incubate ideas and collaborate with other leaders.

Convene

in an enriching space to activate systems change.

Share

expertise with and learn from other leaders.

Lead

knowing you have direct access to robust, diverse experience and support through CBHL.

What Our Members Are Saying



It is the peer-to-peer trust, relationship and comradery, the space to discuss what's happening—the challenges, the bold ideas, the dreams about what could be and the practical solutions that need to be shared. It is a safe place among leaders to share what works, what isn't working and how to lead better. A place of self-reflection, inspiration, and action. The ability to think big and be bold and feel supported is what is so unique.



**CBHL Member
Since 2013**

Gina Lasky, PhD, MAPL
Managing Director,
Behavioral Health |
Health Management
Associates (HMA)

**2024
Membership Now
Available!**

JOIN NOW



www.leaders4health.org



Organizational Members

Membership & Engagement

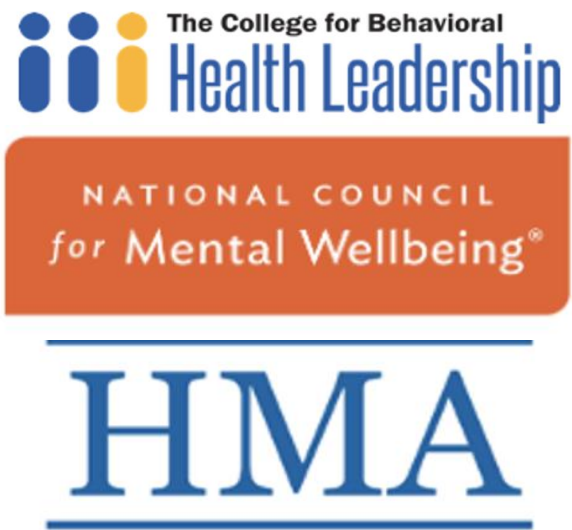




A look back at 2023:



*Ebony Chambers
Director of Equity-
Grounded Leadership*



*Workforce
Initiative*



*In Person
Board Retreat*

A look back at 2023

Programming & Initiatives

**11 Webinars /
Panel Discussions**

**20 Member
Roundtables &
Networking
Conversations**

**Weekly Resources
& Information**

**Numerous
brokered
connections**

**EGL Fellow
Program – Launch
of Cohort 2**

**Workforce Initiative
– Partnership with
National Council and
HMA**

**Partnered as US
Liaison to Global
Leadership
Exchange (GLE)**

CBHL Member Survey

What we heard...



What to Expect in 2024

Member Activities

- Member Roundtables + Leadership Networking Conversations
- Webinars + Panel Discussions
- Resources and information digest
- Listserv access
- Brokered connections
- *Improved member directory
- *Multigenerational mentorship

Equity-Grounded Leadership

- EGL Fellow Program Cohort 3
- New EGL Offerings

Advancing Workforce Solutions Initiative

Global Collaboration

- Global Leadership Exchange – The Netherlands

Multi-Generational Mentorship Program

- Will be **co-created** with CBHL members
- Pairing of emerging leader, mid-level leader, and senior leader
- Program guidelines + toolkit
- Pilot and refine



Equity-Grounded Leadership (EGL) Fellow Program



- Shifts the focus of cross-sector behavioral health leaders to intersectionality, equity, and anti-racism for behavioral health systems transformation
- Pilot Cohort | *Mar. 2022 – Jan. 2023*
- Cohort 2 | *Sept. 2023 – Aug. 2024*

Month	Learning Objectives	Assignments	Meetings
Month 5 – January 2024	<ul style="list-style-type: none"> Apply transformational leadership skills through principle of intersectional allyship Explore strategies and increase positive communication when facilitating difficult conversations Increase understanding and apply Plan, Do, Study, Act framework and examining outcomes Examine and evaluate project planning progress Increase understanding of racism and connection to wellness Increase understanding of White Supremacy Culture and the impact on organizational practices Increase understanding of behavioral health frameworks and models Continue planning collaborative project 	<ul style="list-style-type: none"> Collaborative Project Theory of Change and Logic Model (first draft) – due 1/12 Early implementation slides – due 1/19 Individualized Development Plan (IDP) Self-Guided Learning 	Logic Model Training* - 1/9 Evaluator Office Hours* - 1/10 Evaluator Office Hours* - 1/11 Virtual Cohort Meeting 5 - 1/12 Virtual Cohort Meeting 6 – 1/19 Virtual Cohort Meeting 7 – 1/26 Advisor Meeting Coach Meeting^
Month 6 – February 2024	<ul style="list-style-type: none"> Apply tangible actionable strategies to increase allyship Explore and understand resources to increase application of individualized development plans Continue planning collaborative project 	<ul style="list-style-type: none"> Collaborative Project Individualized Development Plan (IDP) Self-Guided Learning 	Virtual Cohort Meeting 8 – 2/2 Wellness Session* – 2/16 Advisor Meeting Facilitator Office Hours* Evaluator Office Hours*

Understands How Racism and Oppression Show Up in Behavioral Health

Practices Intersectional Allyship

Integrates Data Equity Frameworks and Culturally Responsive Behavioral Health Approaches

Engages in Co-Production and Community-Driven Practices

Demonstrates Transformational Leadership to Improve Communities

EGL Fellow Program Curriculum

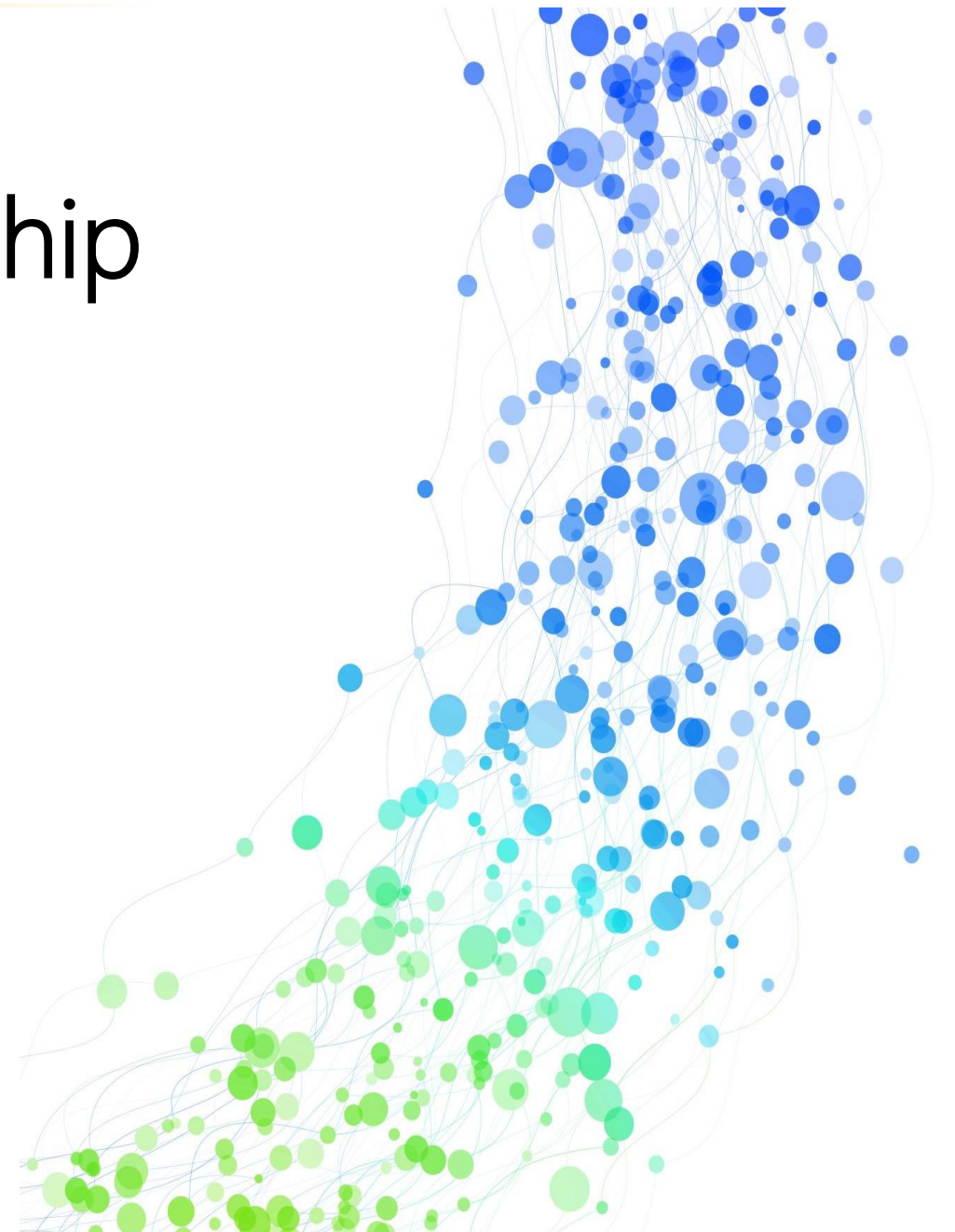
Equity-Grounded Leadership

Cohort 3: 2024-2025

- Call for Applications coming **Spring 2024!**

Executive Coaching Model

Peer Leader Model



Advancing Workforce Through Collective Impact

2023 Progress



- Building a robust partnership and backbone for the collective impact approach
- Developing a draft framework
- Cross-walking more than 400 recommendations
- Launching a Behavioral Health Provider and Association ECHO on workforce
- Continuing to identify funding support

What's Coming in 2024

- National "Workforce Jam"
- Launch Steering Committee & working groups
- Launch 2nd ECHO

U.S. Liaison to the Global Leadership Exchange (GLE)

formerly *The International Initiative for Mental Health Leadership (IIMHL)*

- Global mental health network
- International knowledge sharing & connection
- CBHL →
 - Connects US leaders to global leaders
 - Brings global innovation to the US
- Membership is free!



Join now: <https://gle.world/join-us-leadership-principles/>

Global Leadership Exchange



- **June 24-25:** Workshops (matches)
- **June 26:** Travel day
- **June 27-28:** Network meeting
- **Register:**
www.gle.world/events

Upcoming Events –

Roundtable – Exploring the Equity-Grounded Principles of Change

18 Jan.



Networking Conversation: Profiles in Leadership – *Meet Dr. Tom Insel*

14 Feb.



Webinar – Be Our Guest: Discovering the Intersection of Hospitality and Crisis Services

14 Mar.



8 Feb.

Roundtable – Exploring the Global Climate Crisis and Community-based Solutions to Build Mental Health Wellness and Resilience

12 Mar.

Networking Conversation: Profiles in Leadership – *Meet Keris Myrick*



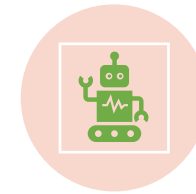
How to Get Involved



Engage in roundtables and networking conversations



Collaborate with colleagues



Co-Create



Contribute thought leadership



Provide feedback and suggestions



Join webinars

Membership Options

- **Individual**

- Regular - \$230
- Emerging Leader - \$199
- Student, Peer, Retired - \$99
- Sponsoring Leader - \$500

- **Scholarship Fund**

For emerging, student, and peer leaders

- Donate \$100
- Apply on website

- **Organizational**

- Tier 1: \$1,099 | Up to 5 (\$1,150 value)
- Tier 2: \$2,799 | Up to 15 (\$3,450 value)
- Tier 3: \$4,299 | Up to 25 (\$5,570 value)

- **Organizational Sponsorship**

- Sponsoring Member - \$2,000
- Sponsoring Partner - \$5,000

Questions?

- What do you want to know about CBHL that we did not discuss today?
- What questions, feedback, and/or suggestions do you have?





Contact

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www.leaders4health.org