

Dr. Tina Thomas

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Enhancing Lives, One Community at A Time

Healthcare Professional driven to help the healthcare system work for everyone

Exceptional motivator and strategist dedicate to top operational performance

- Addresses performance issues head-on, improves productivity, quality, and end results. Proficient in managing multiple initiatives, implementing result driven strategies to ensure the departments and organization's goals are being met and exceeded.

Expertise on the identification and management of areas of opportunity

- Notable history of increasing COVID-19 vaccinations throughout vulnerable and underserved populations which led to a decrease in the spread of the disease.

Self-starter comfortable working autonomously or in a team-based setting

- Team-oriented known for the ability to establish solid relationships with clients, direct reports, colleagues and superiors, Built reputation for successfully balancing projects, documentation and administrative work independently

Quality Outcomes:

- Project Coordination
- Customer Service
- Risk Management
- Resource Allocation
- Productivity
- Compliance

Performance Improvement:

- Relationship Building
- Community Outreach
- Investigative Reporting
- Analytical Research
- Strategic Planning
- Solution Focused

Education & Certifications

- **Doctor of Healthcare Administration**, Virginia University of Lynchburg, Lynchburg, VA, **12/2021**
- **Master of Science, Applied Health Physiology**, Salisbury University, Salisbury, MD, **5/2013**
- **Bachelor of Science, Exercise Science**, University of Maryland Eastern Shore, Princess Anne, MD, **5/2004**
- **Certified in CPR & AED**
- **Certified Youth & Adult Mental Health First Aid Instructor**
- **Certified Health Fitness Instructor**
- **Certified Critical Incident Stress Management Responder**
- **Certified Residential Specialist/ Housing Inspector**

Career Snapshot & Accomplishments

Leadership: Provide careful, deliberate, and concise direction to ensure optimal results.

Communication: Spearhead initiatives, oversee programs, analyze results, and distribute findings to various levels of personnel in an effective and efficient manner. Serve as a first point of contact for escalations.

Collaboration: Ability to meet and collaborate with community leaders, colleagues, superiors, and other staff as needed to accomplish and work towards the same goal.

Regulatory and Compliance Reporting: Responsible for analysis, creation, and delivery of reports and submissions, and for ensuring compliance with all quality and program management requirements specified by state and federal policies.

Quality Improvement Interventions: Responsible for maintaining or improving performance upon all contractual and nationally required quality performance metrics.

Professional Experience

COVID-19 Equity Compliance Officer, Wicomico County Health Department 2019- Current

- Implement standardized analytics to actively manage PPE inventory control needs.
- Maintain open lines of communication with clinical staff to cross-organizational COVID-19 initiatives.
- Research emerging legislation, best practices, and policy to implement continuous developments to improve COVID-19 response efforts.
- Cultivate productive relationships with regulators, government agency personnel and staff to enforce COVID-19 compliance oversight and support.
- Issue written notification of official activities or meetings to public.
- Keep detailed records of investigations and communication throughout cases to meet legal standards and promote easy search and retrieval by compliance staff.

Special Programs Coordinator HS IV, Wicomico Local Behavioral Health Authority 2019- Current

- Devised effective policies, procedures, and best practices for the Public Behavioral Health System (PBHS).
- Provided oversight of various services to include technical support, guidance to jurisdictional leads and educational partners, crisis intervention as well as training on evidence-based programming.
- Cultivated positive relationships and met regularly with state and local senior health leaders.
- Worked successfully with diverse group of peers to accomplish goals and address issues related to our programs and services.
- Coordinated extensive planning, development of project milestones, and budget for complex contracts.
- Reviewed resources and assets for departmental activities, noting compliance issues with industry standards and regulatory agencies.

Programs Coordinator- Mental Health, Worcester County Health Department 2017-2018

- Helped clients deal with substance abuse, mental illness, and other concerns by delivering personalized counseling support.
- Developed and optimized treatment plans to help clients continue to progress.
- Provided leadership and coordination of various programs using techniques in behavior management and prevention strategies.
- Compiled community resources for housing to assist patients with mental health or substance abuse recovery.
- Presented social programs to educate community and improve participation in counseling services.
- Worked closely with team members to deliver project requirements, develop solutions, and meet deadlines.

Adjunct Faculty Kinesiology, University of Maryland Eastern Shore 2013-2016

- Created lesson plans and developed instructional materials covering required topics and learning objectives with a focus on physical fitness, mental health, stress management, nutrition, weight loss and specific personalized techniques for optimizing health.
- Integrated multimedia technology in classroom instruction for well-rounded and engaging approach to instruction.
- Displayed exemplary written and oral communication skills to meet learning styles and improve student learning.
- Distributed and posted course syllabus and answered student questions regarding standards, material, grading and progression at beginning of semester.
- Lectured and communicated effectively with students from diverse backgrounds.
- Fostered classroom environment conducive to learning and building character.