Welcome! We will get started momentarily.

January 28, 2021
3:00pm - 4:30pm EST
(12:00pm - 1:30pm PST)
The College for Behavioral Health Leadership

- Connect
- Innovate
- Lead
Housekeeping

• Everyone will be on **mute**

• We want to hear from you! Share your **questions, comments** and **what you believe is needed** via the **chat box**.

• Want to ask a question or share comments **live**? **Raise your hand** and share the topic in chat!

• A **recording** will be available within 24 hours - We’ll email you.

• Please provide your feedback via our **survey**
Our Time Today

• Introductions
• Panelist Comments
• Moderated Discussion
• Audience Comments / Q&A
Our Panelists

Benjamin Miller, PsyD
Chief Strategy Officer
Well Being Trust

Pamela Greenberg, MPP
President and CEO
Association for Behavioral Health & Wellness

Kana Enomoto, MA
Senior Knowledge Expert

Harvey Rosenthal
CEO
New York Association of Psychiatric Rehabilitation Services

Ron Manderscheid, PhD
President and CEO
National Association of County Behavioral Health and Developmental Disability Directors (NACBHDD)
MODERATOR
AMANDA GORMAN CHALLENGES US

• The new dawn blooms as we free it
• For there is always light,
• if only we're brave enough to see it
• If only we're brave enough to be it
A BH PANDEMIC WITHIN A COVID-19 PANDEMIC (CDC SURVEY, JUNE 2020)

- 41% of adults had at least one mental or behavioral consequence.
- 31% - anxiety or depression
- 26% - trauma or stress
- 13% - increased substance abuse
- 11% - contemplated suicide
  - 33% of unpaid caregivers contemplated suicide
  - 25% of those 18-24 contemplated suicide
  - 22% of essential health workers contemplated suicide
BIDEN-HARRIS AMERICAN RESCUE PLAN

• $350 billion in federal relief to support state, county, and city recovery, including schools and 100,000+ new public health workers.

• $4 billion for SAMHSA and HRSA to expand behavioral health services.

• Tax credit for insurance deductibles and copays.

• Opening the Health insurance Marketplace for new enrollments.
Mental health and addiction: Status Quo Need Not Apply

Benjamin F. Miller, PsyD
@miller7
Well Being Trust
53% of U.S. adults in July 2020 reported that their mental health has been negatively impacted due to worry and stress over the coronavirus.
In the face of a global crisis, we are at a critical pivot point for mental health in our country and policy makers must rise to the challenge.

While progress has been made, work remains to be done
“The coronavirus has laid bare the failings of American health care and public health. Without immediate action, it will do the same to America’s fragile mental health system. Investment in that system will pay off, not just in terms of lives saved and bettered, but in monetary savings as well. The demands for money to ease economic, medical and social problems will accelerate when the COVID-19 pandemic ebbs. The United States cannot allow the needs of mental health to be pushed aside by other priorities. If that happens, the price we will pay as a society will be fearsome.”

- The Atlantic
Adopt a framework for excellence in mental health and well-being
**Resources**

https://healingthenation.wellbeingtrust.org/

https://unitedstatesofcare.org/covid-19/healing-our-nation-mental-health-care/

https://wellbeingtrust.org/news/unifiedvision/

Thank you!

ben@wellbeingtrust.org
## ESSENTIAL LEADERSHIP TASKS

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<th>Task</th>
<th>Description</th>
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<td>Pattern Maintenance</td>
<td>Plan and Resources for Workforce</td>
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<td>Integration</td>
<td>Bridge the Chasm Between Residential and Ambulatory Care</td>
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<td>Adaptation</td>
<td>Implement Integrated Care and Value-Based Purchasing</td>
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<td>Goal Attainment</td>
<td>Achieve Outcomes: Recovery and Wellbeing</td>
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What’s next?

• Communicate

• Prioritize

• Act!
Contact Us!

Holly Salazar
hsalazar@leaders4health.org

Interested in becoming a member?

https://www.leaders4health.org/join-now/