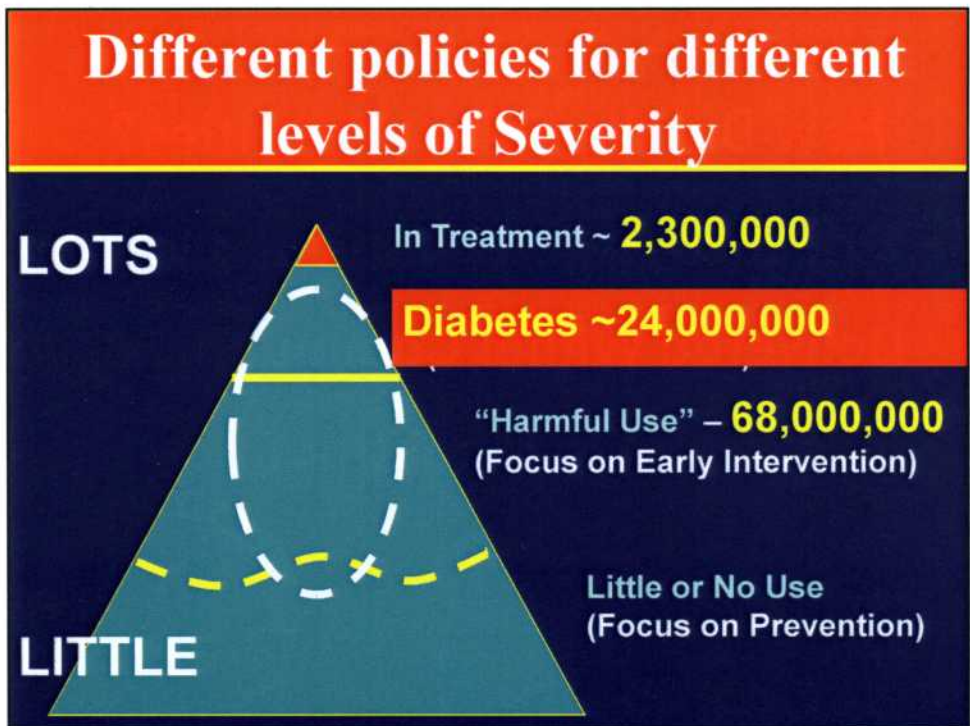


Addressing Substance Use Disorders

Translating Science To Policy In The 2010 Drug Control Strategy



Five Priorities

1. Build National System of "Prevention Prepared Communities"
2. Train primary care to intervene early with emerging abuse
3. Improve and integrate addiction treatment into mainstream healthcare
4. Smart, safe management of drug-related offenders
5. Performance-oriented monitoring systems

How Did We Select Priorities?

- Evidence Based Interventions
- Delivered Within Communities
- Investment in Infrastructure



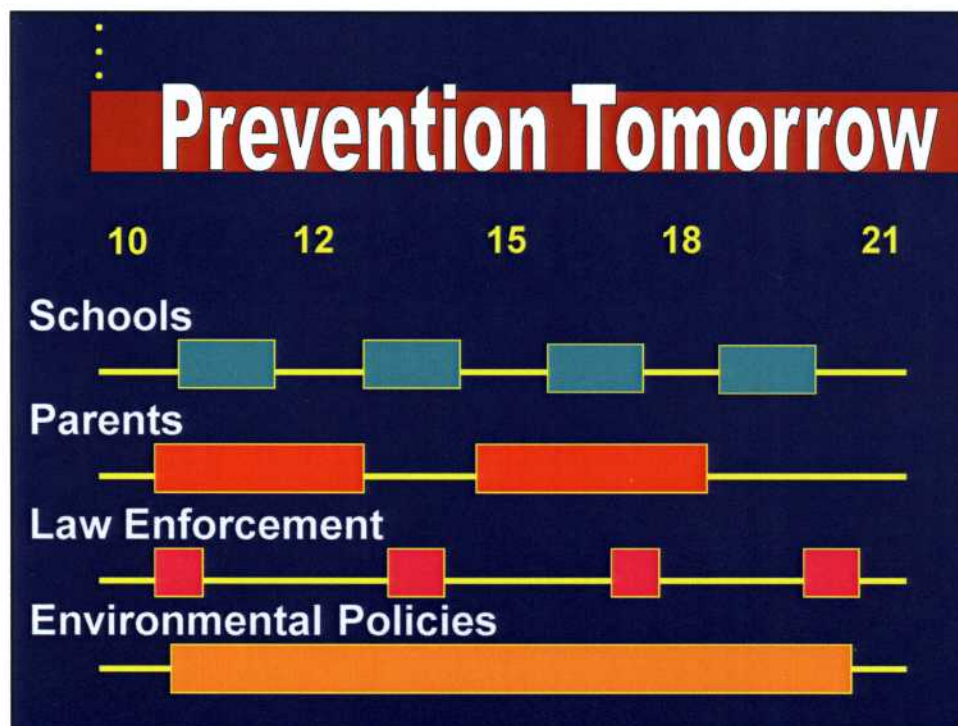
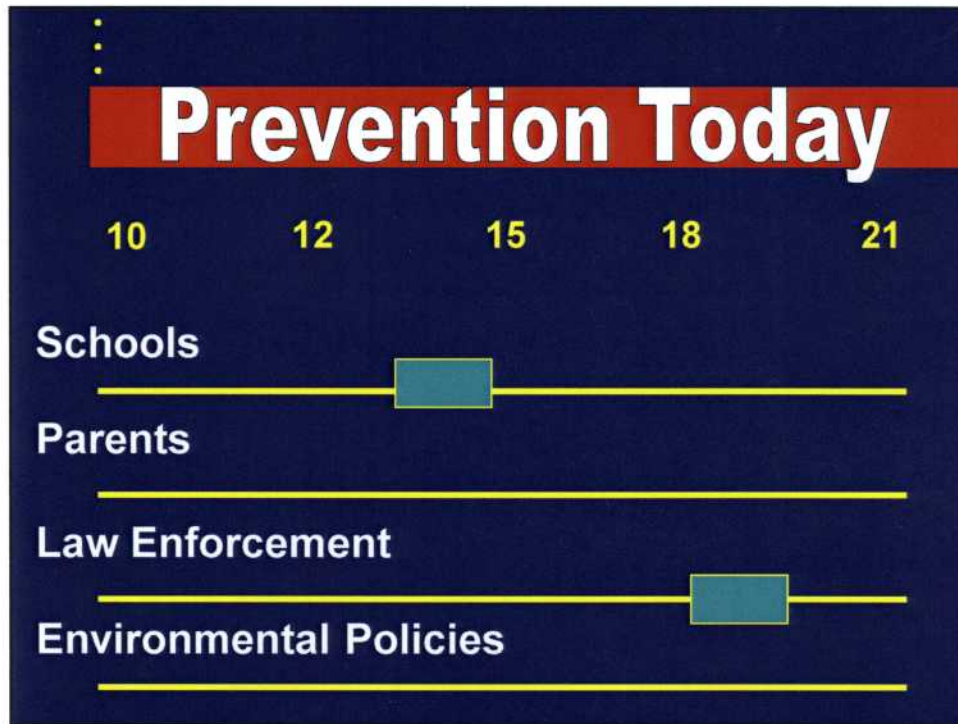
Prevention



Prevention Science

1. *Addiction has an "at-risk" period*
2. *Risks have common antecedents – Single Interventions can produce multiple effects*
3. *Combined interventions provide enhanced impact*
 - *Now 12 Evidence Based Interventions*





Intervention



Major Advances in Brief Interventions

- “Harmful substance use” is accurately identified with **2 – 3 questions**.
 - Prevalence rates of **20 – 50%** in healthcare
 - **60%** of all ER admissions (10 million/yr)
- Brief counseling (**5 – 10 minutes**) by produces lasting changes & savings
 - Medicaid savings **\$8 million /year** Washington

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Treatment



Behavioral Therapies

- Cognitive Behavioral Therapy
- Motivational Enhancement Therapy
- Community Reinforcement and Family Training
- Behavioral Couples Therapy
- Multi Systemic Family Therapy
- 12-Step Facilitation
- Individual Drug Counseling

Medications

- Tobacco (NRT, Varenicline)
- Alcohol (Naltrexone, Accamprosate, Disulfiram)
- Opiates (Naltrex., Methadone, Buprenorphine)
- Cocaine (Disulfiram, Topiramate, Vaccine)
- Marijuana (Rimanoban)
- Methamphetamine – Nothing Yet

Specialty Care



~ 12,000 specialty programs in US

31% treat less than 200 patients per year

44% have NO Doctor or Nurse

75% have NO Psychologist or SW

Major Prof Group is Counselor

But 50% Turnover each year

Treatment

7. **Integrate Addiction Treatment into Federal Healthcare Systems**
8. **Performance Contracting in State Treatment Systems**
9. **Consumer Choice Through Vouchers for Recovery Services**

Recovery

“A voluntarily maintained lifestyle characterized by sobriety, personal health and citizenship”

J. Substance Abuse Trt, 2008



